

**Creating Healthy Schools and Communities, St. Lawrence County (CHSC)
Health Initiative**

Initial Meeting Agenda

1. Review project goals & activities
 - a. Project Overview
 - b. Anticipated School District Activities, School Year 2015-2016
2. Assess district readiness to begin project
 - a. Questionnaire
3. Designate CHSC Liaison
 - a. Contact information
 - b. CHSC Staff On-Site Option
 - c. Wellness Committee(s) structure and schedule
4. Determine plan to complete School Health Index (Alliance for a Healthier Generation version)
 - a. Select district or school level
 - b. Select Modules (* modules are recommended; ** are required)
 - i. School Health and Safety Policies and Environment
 - ii. Health Education
 - iii. Physical Education and Other Physical Activity Programs**
 - iv. Nutrition Services**
 - v. Health Promotion for Staff*
 - vi. Family and Community Involvement*
 - c. Set timeline
5. Provide current district-level local school wellness policy