

# **Creating Healthy Schools and Communities (CHSC) Memorandum of Understanding (MOU)**

Between

Gouverneur Central School

and

St. Lawrence Health Initiative, Inc.

## **Goal:**

Increase opportunities for physical activity and establish school environments that support and promote healthful eating for all students in grades K-12.

## **Objectives:**

1. Establish an ongoing process for reviewing, developing, implementing and evaluating:
  - a. School district policies or administrative regulations to increase physical activity before, during, or after the school day for students, teachers and staff and community members; and
  - b. School district policies or administrative regulations to establish school environments that support and promote healthful eating.
2. Engage school district or building staff in activities to support the sustainability of CHSC strategies.

## **Description of Project**

The St. Lawrence Health Initiative, Inc. will provide technical assistance, planning tools, and resources, to the Gouverneur Central School to facilitate the development, implementation, and evaluation of strategies for district-level physical activity and nutrition policies or administrative regulations, as described by the CHSC work plan. A CHSC Coordinator will work with school district and building staff to gather important information and provide assistance accordingly. An implementation plan, including a plan for communication, will also be developed.

## **Role of the CHSC Coordinator**

To serve as an advisor and resource to the Gouverneur Central School, providing expertise for the review, development, implementation, and evaluation of physical activity and nutrition policies or administrative regulations as described by the CHSC work plan.

## **Role of the Principal/School District Administrator**

To provide support and commitment for the review, development, implementation, and evaluation of physical activity and nutrition policies or administrative regulations as described by the CHSC work plan.

## **St. Lawrence Health Initiative, Inc. agrees to:**


1. Build and maintain a relationship with Gouverneur Central School to support the review, development, implementation, and evaluation of physical activity and nutrition policies and related procedures or administrative regulations for all students;
2. Designate a CHSC Coordinator who will work closely with the School Liaison as a resource, providing assistance to the School Health/Wellness Policy Committee, conducting and assessing Local School Wellness Policies using the WellSAT, providing assistance for physical activity and nutrition policies or administrative regulations and environments, and providing guidance, technical assistance, tools, and other implementation resources to district and building personnel;
3. Provide policy and practice evaluation tools, and work with the School Liaison and Principal to facilitate the implementation of these tools and objectives towards achieving CHSC goals; and

4. Provide analysis and summaries of data collected to Gouverneur Central School.

**Gouverneur Central School agrees to:**

1. Build and maintain a relationship with St. Lawrence Health Initiative, Inc. to support the review, development, implementation, and evaluation of physical activity and nutrition policies and related procedures or administrative regulations for all students;
2. Designate a School Liaison who will work with the CHSC Coordinator in identifying a new or existing School Health/Wellness Policy Committee that will be responsible for incorporating CHSC goals into its overall goals;
3. Provide support to the School Liaison in facilitating the completion of policy and practice evaluation tools and objectives towards achieving CHSC goals; and
4. Facilitate the collection and dissemination of evaluation data.

We, the undersigned, approve the proposed project as outlined in this Memorandum of Understanding.

  
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Agency Administrator  
St. Lawrence Health Initiative, Inc.

12/19/14  
Date

  
\_\_\_\_\_  
School District Administrator  
Gouverneur Central School

12/18/14  
Date