



Before You Go to the **Emergency Room...**

EMERGENCY



**Many health problems are not emergencies.
If your problem is NOT dangerous or life threatening...**

➔ **When our office is OPEN: CALL US FIRST**

We keep same-day appointments open for patients who need to be seen quickly. You may be able to come in right away for an urgent appointment.

➔ **When our office is CLOSED: CALL US FIRST**

We have a **healthcare professional** who can be reached **by phone** 24 hours a day that can help you decide if your problem can be treated at home, cared for in our office the next day, or if it needs immediate attention.

➔ **If one of these occur: CALL US FIRST**

- Sprains
- Sore Throats
- Nausea/Vomiting
- Headaches
- Rashes
- Minor Burns
- Fevers
- Dizziness
- Sports Injuries

We're not urgent care, but if an URGENT need arises: CALL US FIRST

It will SAVE you TIME

It may SAVE you MONEY



**Community Health Center
of the North Country**