

# On the ROAD TO RECOVERY



**You Are Not Alone**

**Instead of using your determination to get that next fix and stay high, use it to**

**BECOME SOBER AND REMAIN SOBER**

*Let Us Help You*

- Counseling
- Mental Health
- Support Groups
- Alternative Drug Treatment
- Chemical Dependency
- Rehabilitation
- Employment Assistance
- Primary Care
- Food Assistance

 **Community Health Center**  
of the North Country

Call: (315) 535-1325  
[chcnorthcountry.org](http://chcnorthcountry.org)