







Gouverneur Elementary School January Menu 2022

This Institution is an equal opportunity provider and employer

Monday	Tuesday	Wednesday	Thursday	Friday
3 (1)Chicken Parm Sandwich Waffle Fries Fruit & Milk	4 (1)Tacos w/ Lettuce and Cheese Steamed Carrots Fruit & Milk 	5 (1)Homemade Pizza Caesar Salad Fruit & Milk 	6 (1)Pasta With Sauce Iceberg Garden Salad Fruit & Milk	7 (1)Sampler- 3 Boneless Wings, 3 Mozz Sticks, Cheesed filled Breadstick Three Bean Salad Fruit & Milk
10 (1)Pizza Dunkers Three Bean Salad Fruit & Milk	11 (1)Orange Chicken Steamed Rice Steamed Broccoli Fruit & Milk	12 (1)Homemade Pizza Iceberg Garden Salad Fruit & Milk	13 (1)Roasted Turkey Mashed Potatoes Stuffing, Butternut Squash Fruit & Milk	14 (1)Hot Meatball Sub Steamed Carrots Fruit & Milk
17 Martin Luther King Day!!! No School	18 (1)Chicken Caesar Salad w/ Garlic Breadstick String Cheese Stick Fruit & Milk	19 (1)Homemade Pizza Three Bean Salad Fruit & Milk	20 (1)Grilled Cheese Sandwich Tomato Soup Steamed Corn Fruit & Milk	21 (1)Boneless Wings Rice Pilaf Celery Sticks Fruit & Milk
24 (1)French Toast Sticks Roasted Butternut Squash Sausage Fruit & Milk	25 (1)Popcorn Chicken Garlic Breadstick Black Bean Salad Fruit & Milk	26 (1)Homemade Pizza Broccoli Salad Fruit & Milk 	27 (1)Chicken & Biscuits Mashed Potatoes Fruit & Milk	28 (1)Buffalo Chicken Bake Cheese Filled Breadstick Cucumber slices Fruit & Milk
31 (1)Ham & Cheese Bagel Melt New York French Fries Roasted Broccoli Fruit & Milk				Breakfast & Lunch Free to all Students!! Menu Subject to Change
<u>Monday's Alternates</u> (2)Chicken Tenders w/ Breadstick (3) PBJ Sandwich	<u>Tuesday's Alternates</u> (2)Hamburger on Roll (3) PBJ Sandwich	<u>Wednesday's Alternates</u> (2) Chef Salads (3) PBJ Sandwich	<u>Thursday's Alternates</u> (2)Chicken Burger on Roll (3)PBJ Sandwich	<u>Friday's Alternates</u> (1)Baked Haddock Sandwich (3) PBJ Sandwich
Cereal Fruit or Juice and Milk	Pop tart Fruit or Juice and Milk	<u>Breakfast</u> Yogurt w/ graham crackers Fruit or Juice and Milk	Cereal Fruit or Juice and Milk	Frudels or Donuts Cereal Fruit or Juice and Milk