

**Creating Healthy Schools and Communities, St. Lawrence County (CHSC)  
Health Initiative**

**Initial Meeting Agenda**

1. Review project goals & activities
  - a. Project Overview
  - b. Anticipated School District Activities, School Year 2015-2016
2. Assess district readiness to begin project
  - a. Questionnaire
3. Designate CHSC Liaison
  - a. Contact information
  - b. CHSC Staff On-Site Option
  - c. Wellness Committee(s) structure and schedule
4. Determine plan to complete School Health Index (Alliance for a Healthier Generation version)
  - a. Select district or school level
  - b. Select Modules (\* modules are recommended; \*\* are required)
    - i. School Health and Safety Policies and Environment
    - ii. Health Education
    - iii. Physical Education and Other Physical Activity Programs\*\*
    - iv. Nutrition Services\*\*
    - v. Health Promotion for Staff\*
    - vi. Family and Community Involvement\*
  - c. Set timeline
5. Provide current district-level local school wellness policy