



# 4-Way Test Essay Contest

**Sponsored by:**  
**Rotary Clubs of Canton, Massena, Potsdam**

## PRIZES

**1<sup>st</sup> Place: \$1000**

**2<sup>nd</sup> Place: \$500**

**3<sup>rd</sup> Place: \$500**

**Honorable Mention: \$250**

**Open to St. Lawrence County HS Seniors (or 12<sup>th</sup> Grade equivalent)**

**TOPIC:** Any topic may be chosen that will utilize the  
Rotary 4-Way Test:

1. Is it the truth?
2. Is it fair to all concerned?
3. Will it build goodwill and better friendships?
4. Will it be beneficial to all concerned?

**The topic may be specific or general; however, the essay must include all four (4) principles of the Four-Way Test and the way these principles relate to the topic presented.**

**LENGTH:** 500-1000 words.

**JUDGING CRITERIA:** Judging will be based on utilization and application of the principles of the Four-Way Test, creativity, organization and language/grammar.

**DEADLINE FOR ENTRIES IS: March 1, 2026.**  
**Email entries to: [swsmidwife@gmail.com](mailto:swsmidwife@gmail.com)**