





Gouverneur Central Febuary Menu 2026

This Institution is an equal opportunity provider and employer. Menu subject to change without notice.

Monday	Tuesday	Wednesday	Thursday	Friday
				Breakfast & Lunch are Free to all Students
2 Chicken Parm Sandwich Iceberg Garden Salad Corn on the Cob Fruit & Milk	3 French Toast Sticks Hash Browns Sausage Fruit & Milk	4 Homemade Pizza Caesar Salad Fruit & Milk 	5 Chicken & Pasta Primavera Garlic Toast Roasted Butternut Squash Roasted Broccoli Fruit & Milk	6 Sampler-3 Mozz Sticks, 3 Boneless Wings Cheese filled Breadstick Honey Glazed Carrots Three Bean Salad Fruit & Milk
9 Beef & Broccoli (HS) Over Fried Rice Cheeseburger or Hotdog (MS & EL) Rice Pilaf Carrot Sticks Fruit & Milk	10 Chicken Caesar Salad w/ Garlic Breadstick String Cheese Stick Fruit & Milk	11 Homemade Pizza Iceberg Garden Salad Steamed Broccoli Fruit & Milk	12 Buffalo Chicken Bake Cheese filled Breadstick Butternut Squash Fruit & Milk	13 Quesadilla Refried Beans Red Pepper Strips Corn on the Cob Fruit & Milk
	 <h3 style="text-align: center;">Mid-Winter Break 16th – 20th</h3>			
23 Dill Chicken Sandwich w/ Special Sauce or Spicy Buffalo Chicken Sandwich (MS & HS) Roasted Potatoes Iceberg Garden Salad Fruit & Milk	24 Orange Chicken Fried Rice Herb Roasted Broccoli Fruit & Milk	25 Homemade Pizza Three Bean Salad Maple Glazed Carrots Fruit & Milk	26 Mac & Cheese Garlic Breadstick Maple Glazed Carrots Fruit & Milk	27 Grilled Cheese Sandwich Chicken Noodle Soup Or Tomato Soup Corn on the Cob Fruit & Milk
Monday's Alternates Chicken Tenders w/ Breadstick PBJ Sandwich	Tuesday's Alternates Hamburger on WW Roll PBJ Sandwich	Wednesday's Alternates Chef Salad PBJ Sandwich	Thursday's Alternates Chicken Burger on WW Roll PBJ Sandwich	Friday's Alternates Baked Haddock Burger on WW Roll PBJ Sandwich
Egg & Sausage Sandwich Cereal Fruit or Juice & Milk	Homemade Breakfast Pizza Cereal Fruit or Juice & Milk	Breakfast Pancakes/Waffles or Cereal Fruit or Juice & Milk	Cinnamon Roll Cereal Fruit or Juice & Milk	Frudel Cereal Fruit or Juice & Milk