


Gouverneur Elementary School October Menu 2024

This Institution is an equal opportunity provider and employer

Monday	Tuesday	Wednesday	Thursday	Friday
Please fill out the Free & Reduced Application!! Breakfast & Lunch are Free to all Students	1 (1)Chicken Wrap Garlic Breadstick North Country Carrot Coins w/ Hummus dip Fruit & Milk	2 (1)Homemade Pizza Broccoli Salad Fruit & Milk	3 (1)Chicken & Biscuits Mashed Potatoes Roasted Baby Carrots Fruit & Milk	4 (1)Lasagna Garlic Toast Garden Salad Fruit & Milk
7 (1)Ham & Cheese Croissant Turkey & Cheese Croissant Fresh Cut French Fries Steamed Broccoli Fruit & Milk	8 (1)Loaded Potato Bowl (Popcorn Chicken, Mashed Potatoes, Cheddar Cheese,) Steamed Corn, Biscuit Fruit & Milk	9 (1)Homemade Pizza Three Bean Salad Fruit & Milk	10 NY THURSDAY MENU (1)Hotdog on Roll Honey Glazed Carrots North Country Apple Slices Assorted NY Milk	11 (1)Buffalo Chicken Bake Cheese Filled Breadstick Cucumber Slices Fruit & Milk
14 <b style="color: green;">Columbus Day No School	15 (1)French Toast Sticks Hash Browns Sausage Fruit & Milk	16 (1)Homemade Pizza Caesar Salad Fruit & Milk 	17 NY THURSDAY MENU (1)Pasta with Sauce Roasted North Country Butternut Squash North Country Apple Slices Assorted NY Milk	18 (1)Sampler-3 Mozz Sticks, 3 Boneless Wings, Cheese filled Breadstick Three Bean Salad Fruit & Milk
21 Early Dismissal Bagged Lunches	22 (1)Orange Chicken Steamed Rice Herb Roasted Broccoli Fruit & Milk	23 (1)Homemade Pizza Spring Mix Garden Salad Fruit & Milk	24 (1)Roasted Turkey Mashed Potatoes Stuffing – Butternut Squash Fruit & Milk	25 (1)Quesadilla Refried Beans Red Pepper Strips Fruit & Milk
28 (1)Pizza Dunkers Iceberg Garden Salad Fruit & Milk	29 (1)Chicken Caesar Salad w/ Garlic Breadstick String Cheese Stick Fruit & Milk	30 (1)Homemade Pizza Three Bean Salad Fruit & Milk	31 (1)Mac & Cheese Garlic Breadstick Maple Glazed Carrots North Country Apple Slices Assorted NY Milk	National Farm to School Month Make sure to try our locally grown apples, apple slices and fresh salsa.
Monday's Alternates (2)Chicken Tenders w/ Breadstick (3)PBJ Sandwich	Tuesday's Alternates (2)Hamburger on WW Roll (3)PBJ Sandwich	Wednesday's Alternates (2)Chef Salad (3)PBJ Sandwich	Thursday's Alternates (2)Chicken Burger on WW Roll (3)PBJ Sandwich	Friday's Alternates (2)Baked Haddock Fillet on WW Roll (3)PBJ Sandwich
Egg & Sausage Sandwich Cereal Fruit or Juice & Milk	Homemade Breakfast Pizza Cereal Fruit or Juice & Milk	Breakfast Pancakes/Waffles or Cereal Fruit or Juice & Milk	Cinnamon Roll Cereal Fruit or Juice & Milk	Frudel or Cereal Fruit or Juice & Milk