







Gouverneur Elementary School September Menu 2024

This Institution is an equal opportunity provider and employer

Monday	Tuesday	Wednesday	Thursday	Friday
Labor Day 	3 Staff Development Day	4 Staff Development Day	5 (1)Hotdog On WW Roll Honey Glazed Carrots Fruit & Milk	6 (1)Buffalo Chicken Bake Cheese Filled Breadstick Cucumber Slices Fruit & Milk
9 (1)Chicken Parm Sandwich Iceberg Garden Salad Fruit & Milk 	10 (1)French Toast Sticks Hash Browns Sausage Fruit & Milk	11 (1)Homemade Pizza Caesar Salad Fruit & Milk 	12 NY THURSDAY MENU (1)Pasta w/ Sauce Roasted North Country Butternut Squash North Country Apple Slices Assorted NY Milk	13 (1)Sampler-3 Mozz Sticks, 3 Boneless Wings Cheese filled Breadstick Three Bean Salad Fruit & Milk
16 (1)Ramen Noodle Bowl w/ Vegetables & Shredded Chicken Carrot Sticks Fruit & Milk	17 (1)Chicken Caesar Salad w/ Garlic Breadstick String Cheese Stick Fruit & Milk	18 (1)Homemade Pizza Iceberg Garden Salad Fruit & Milk	19 (1)Roasted Turkey Mashed Potatoes Stuffing-Butternut Squash Fruit & Milk	20 (1)Quesadilla Refried Beans Red Pepper Strips Fruit & Milk
23 (1)Pizza Dunkers Iceberg Garden Salad Fruit & Milk 	24 (1)Orange Chicken Steamed Rice Herb Roasted Broccoli Fruit & Milk	25 (1)Homemade Pizza Three Bean Salad Fruit & Milk 	26 NY THURSDAY MENU (1)Mac & Cheese w/ Garlic Breadstick Maple Glazed Carrots North Country Apple Slices Assorted NY Milk	27 (1)Grilled Cheese Sandwich Tomato Soup Steamed Corn Fruit & Milk
30 (1)Tacos or Taco Salad Corn on the cob Black Bean & Cilantro Salsa Fruit & Milk	<h2 style="color: blue;">Welcome Back to School!!!!</h2> <h3 style="color: red;">Breakfast and Lunch are Free to all!!</h3>		<p style="color: red;">Please fill out the Free & Reduced Application!! Thank You</p>	 Menu Subject to change without notice
<p style="color: red;">Monday's Alternate</p> (2)Chicken Tenders w/ Breadstick (3)PBJ Sandwich	<p style="color: red;">Tuesday's Alternate</p> (2)Hamburger on WW Roll (3)PBJ Sandwich	<p style="color: red;">Wednesday's Alternate</p> (2)Chef Salad (3)PBJ Sandwich	<p style="color: red;">Thursday's Alternate</p> (2)Chicken Burger on WW Roll (3)PBJ Sandwich	<p style="color: red;">Friday's Alternate</p> (2)Baked Haddock Fillet on WW Roll (3)PBJ Sandwich
Egg & Sausage Sandwich Cereal Fruit or Juice & Milk	Homemade Breakfast Pizza Cereal Fruit or Juice & Milk	<p style="color: red;"><u>Breakfast</u></p> Pancakes/Waffles or Cereal Fruit or Juice & Milk	Cinnamon Roll Cereal Fruit or Juice & Milk	Frudel Cereal fruit or Juice & Milk